

New Leaf Family Counseling, PLLC

CORPORATE WELLNESS PROGRAM

PRIORITIZE YOUR STAFF'S MENTAL
HEALTH TODAY!



In-Office Mental Health Workshops
& Clinical Sessions
with Licensed Therapists

www.nlfcMich.org

LET'S TALK ABOUT MENTAL HEALTH

Your staff's mental wellness is one of the most important components of creating a safe, secure and thriving company that people enjoy coming to. If your staff experiences depression, anxiety, stress or trauma inside or outside of their place of employment, their workplace satisfaction levels decrease and work performance will be negatively impacted. Imagine the relief an employee may feel knowing that their employer values them as a person first.

If it is time to shift your corporate culture, we can help!

Workshops:

- Post-Pandemic Depression and Readjustment to Work Environment
- Anxiety in the Workplace
- Finding Your Voice: A Guide to Effective Communication
- Developing Work/Life Balance
- Workplace Morale-Boosting Workshops



Nikkia D. Matthews, LMSW
Licensed Clinical Therapist